



*District Dental Society
of the State of New York*

CONTINUING EDUCATION

SEMINAR SERIES 2018



Your Society - Your Voice

Your Source for Excellent Continuing Dental Education

Third District Dental Society

Continuing Education 2018 Seminar Series

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Registration Please register in advance online at www.third-district.org/ce or by mailing check and utilizing the Course Registration Form.

Confirmation and Handouts

Confirmation and Handouts distributed by email only. No printed handouts. You may use your smart devices or print prior to the course.

Meals

Continental breakfast and plated or buffet lunch are included in the registration fee. Menu choice will be available at the course

Locations

The Century House Inn
997 New Loudon Road (Rt. 9) Latham NY
Overnight room block rate by calling 1-855-285-4666

Program Schedule

8:00 - 8:30 am	Registration and Breakfast
8:30 - 12:00 pm	Lecture
12:00 - 1:00 pm	Lunch
1:00 - 4:30 pm	Lecture concludes

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General Information

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- CE Credits** 7 hours M.C.E's
Certificates must be returned at the conclusion of the course to receive credit.
NYSDA CE Registry is notified of your attendance
- Tuition** \$250.00 ADA members*
\$335.00 Non-ADA dentists
\$150.00 Hygienists and Auxiliaries
- *Third District Members receive a \$50.00 discount.
Register and attend all 5 courses in this seminar series.
- Fourth District members, please register for the joint courses (Feb, Mar & April) with the Fourth District to assure proper CE credit
- Refunds** Refunds only with a 24 hours prior notice unless cancelled by the Third or Fourth District in which case you will be notified by email and will receive a full refund.

Dress comfortably as the meeting room temperatures can vary

***Be sure to visit our
Generous CE Sponsors.
Their support provides this
excellent Seminar Series.***

More Things You Didn't Learn in Dental/Dental Hygiene School – Cardiovascular Disease to Supplements!

James F. Lichon RPh, DDS, CLM

Friday, January 5

For the Dentist, Hygienist and any interested Auxiliary

Dr. James Lichon is a dentist, pharmacist, and nationally certified in cholesterol management. His seminar has been positively received at dental/dental hygiene society meetings across the country. In addition to helping the dental team help their patients, his program also includes educating the attendees on how to work with less stress and live healthier with proper nutrition and fitness, optimizing their own personal health. He blends his own personal experience (open heart surgery) with cutting edge research to carry maximum relevance for the attendees.

In spite of impressive technologic advances in the field of medicine, heart disease remains the leading cause of death in the United States. In our dental offices we are seeing more and more patients with heart disease. Greater than 1 in 3 of our adult patients have one or more types of heart disease and it is the most common medical condition that dental professionals confront. Through a concise and understandable review of cardiovascular disease, your immune system and more, you can make immediate powerful and practical practice changes that will improve your life and the life of your patient. I blend my own personal experience of open heart surgery with cutting edge research to carry maximum relevance for the attendees.

Participants will learn:

- Review of coronary artery disease, peripheral vascular disease and stroke.
- Treating patients who have stents or have had open heart surgery
- Understanding sudden cardiac death in children and adults
- Understanding the hearts of women: Heart disease is the leading killer of women of all ages
- Understanding the immune/inflammatory system and it's connection to periodontal disease, Sjogren's syndrome, lichen planus, hypothyroidism, Celiac disease and how they manifest themselves orally
- What are the facts about cholesterol and the medications we take to lower cholesterol?
- Prescribing the preferred antibiotics and pain medications. What are the contra indications and side effects as related to dentistry
- Understanding the new findings on aspirin, ibuprofen, and Tylenol as related to dentistry
- Tips to prevent dental malpractice
- The confusing world of supplements
- Multiple vitamins, calcium and osteoporosis, Vitamin B12, Vitamin D as related to dentistry
- The effects of nutrition and physical activity on cardiovascular disease and cancer
- Work with less stress and live healthier with proper nutrition and fitness, optimizing your own personal health
- This course covers one-hour pain management requirement

R2C™ - The Root to Canal Solution

Troy McGrew, DDS, MS

Friday, February 2

Dr. McGrew is a native of West Virginia and attended the West Virginia University School of Dentistry for both dental school and postgraduate endodontic residency, receiving his DDS degree in 1995 and his masters degree in endodontics in 1997. He is a Diplomate of the American Board of Endodontics and is in private practice in Charleston, SC. Dr. McGrew is an adjunct clinical professor at the West Virginia University School of Dentistry Department of Endodontics where he teaches dental students and postdoctoral residents various endodontic techniques in the clinical and didactic settings. Dr. McGrew is also an associate professor with the Marshall University School of Medicine where he provides consultation on treatment matters and instructs internal medicine residents in dental emergency case management. He is one of the only Board Certified Endodontists in the Lowcountry, which is the highest academic and clinical honor that can be achieved in the specialty. He is also a specialty member of the American Association of Endodontics, the American Dental Association, and the South Carolina Dental Association.

Each step of endodontically treating and restoring a tooth is connected. This course walks through each step of root canal therapy- with each building on the success of the previous phase. From diagnostic protocol through coronal restoration, learn techniques for clinical success at every step needed to take the patient out of pain, restore function to the tooth while maintaining the proper aesthetic, and enhance long term success.

Participants will learn:

- **Diagnosis and Treatment Planning:** A complete understanding of the factors of each case
- **Endodontic Access:** Creating a proper access cavity is critical
- **Antibacterial Dressings:** Inter-appointment medicaments and temporizing teeth
- **Shaping Utilizing the Most Advanced File Technology Choices** for imparting an appropriate shape to the canal
- **Irrigation:** Importance of removal of infection-causing bacteria
- **Obturation:** Pros and cons of sealers and obturation techniques
- **Coronal Restoration of the Endodontically Treated Tooth:** Choosing between direct vs. indirect restoration

Speaker Sponsor: Dentsply Sirona

This course is held in conjunction with the Fourth District For proper CE credit, please register with your district

Ask and You Shall Receive: The Art of Getting to Yes
Mark Hyman, DDS

Time is Money: Clinical Efficacy Thru Material Evolution
Mr. Gregor Connell

Friday, March 2

Dr. Mark Hyman is a renowned, full-time practicing dentist in Greensboro, NC, and a public speaker whose work is characterized by his warmth, enthusiasm, sense of humor, and passion for dentistry. As an accomplished seminar speaker, Dr. Hyman has earned national and international recognition having been invited to speak at every major dental meeting in North America.

Mr. Gregor Connell has over 30 years of sales, marketing, motivational training and public speaking experience. He has been described by his industry peers and clients as a dynamic, knowledgeable, and engaging speaker. He brings not only technical and educational content to every session, but delivers it with clarity, acuity, and humor.

Ask and You Shall Receive

Most people never receive optimal care because NO ONE ever asked! Your team's skill, talent, and abilities are wasted if the patient doesn't say yes.

You will learn:

- 10 characteristics of super dental teams
- 10 steps to hear "yes" every time
- 5 questions you must answer
- 5 keys to effective listening
- 10 keys to success— its what you learn after you know it all that counts!

Time is Money—Clinical Efficacy Thru Material Evolution

This topic discusses the impact of material evolution has had in several areas of clinical dentistry. The abilities of several newer materials to office multiple indications for use can lead to increased clinical efficiency and ultimately, a reduction in expansive material inventories and cost.

Full Day - Two Topics (no half day tuition)

Speaker Sponsors: Henry Schein Dental & VOCO America

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Preventive and Restorative Dentistry Working in Concert for the Best, Most Predictable Outcomes

Pamela Maragliano-Muniz, DMD

Friday, April 13

Dr. Maragliano-Muniz is a board-eligible prosthodontist and earned her certificate from UCLA School of Dentistry after obtaining her DMD from Tufts University School of Dental Medicine. She is also a former dental hygienist. She was awarded the Adult Preventive Care Practice of the Year by the ADA in 2010 and has since lectured internationally. She has numerous publications that discuss implementing CAMBRA, caries management by risk assessment, explaining the role of caries risk factors to the disease process and clinical effects of CAMBRA. She is an Associate Clinical Professor at Tufts University School of Dental Medicine and maintains a private practice in Salem, MA.

Predictable outcomes are essential for a successful dental practice. As a former dental hygienist and a practicing prosthodontist, I believe that risk management and disease prevention are a requisite aspect of treatment planning and making restorative decisions. This course will demonstrate the clinical application of CAMBRA, from prevention of dental caries to restorative strategies that offer long-term results. The role of risk factors in the caries process and useful, efficient risk management strategies will be introduced. Clinical results and the profit potential of a caries management program will be described. By the end of this course, you will have all of the tools and the knowledge to immediately implement a caries management program into your office. We will discuss how implant and restorative dentistry plays a role in risk management of dental diseases. Treatment planning, material selection, restorative and impression techniques will be discussed.

Learning objectives:

- Understand that caries management programs do not have to be complicated and time-consuming.
- Understand the role of risk factors in the caries process and strategies to minimize risk.
- Identify dental and restorative materials and techniques that offer favorable long-term outcomes
- Appreciate the improved clinical results and profit potential that can occur after implementation of a caries management program.
- Learn how implant treatment planning can reduce risk of dental disease.
- Initiate implementation of a caries management program in your private practice on Monday!

Speaker Sponsor: GC America

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Launch Oral Systemic Health: Transforming Dental Hygiene!

John Kempton, DDS, FAGD

Friday, May 4

For the Dentist, Hygienist and any interested Auxiliary

Dr. John Kempton, a graduate from Loma Linda University School of Dentistry has forty years of practicing comprehensive restorative dentistry. He has also completed post-graduate continuums in reconstructive dentistry, Dawson Academy's Dental Institute for Systemic Health, and the medical Bale-Doneen preceptorship for cardiovascular health. He has been published in several peer-reviewed journals. Dr. Kempton's expertise and qualifications come from decades of success in clinical dentistry, extensive research and knowledge in the relationship of high risk pathogens to chronic disease, and a rare passion and commitment to elevate dentistry to its rightful position as primary care amidst a chronic disease crisis in this country.

The evidence connecting periodontal pathogens to chronic disease is firmly established. Yet most dental teams have not implemented the clinical practices which mitigate both the local and systemic distribution of high risk pathogens. We must consider the pathogens that have left the mouth and are creating breakdown at other systemic locations when our patients walk in the door. Despite organized dentistry not yet advocating the treatment of periodontal disease with systemic antibiotics, we have strong evidence that responsible stewardship practices can be embraced when translocated micro-biomes are mitigated with antibiotics in high-risk patients.

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LEARNING OBJECTIVES:

- Develop and understanding of the overall burden of chronic sickness in America and the relationship of periodontal disease to those systemic illnesses and their potential outcomes
- Assess the dental teams responsibility and need to consider being accountable for more than restoring and saving teeth
- Analyze physiologic inflammation
- Identify the systemic implications of inflammation as it relates to periodontal disease and the collective burden of all systemic inflammatory diseases
- Develop and consider a new paradigm in context of diagnosing periodontal Disease
- Discover and review a new way to organize and review medical history format that enables dental professionals to move from inflammatory perio discussions to systemic inflammatory dialogue and lead patients toward a potentially healthier life
- Examine a method to treat periodontal disease that validates pathogens are eliminated and systemic inflammatory markers have decreased
- Construct a learning environment that enables dental teams at one time, in one place, in an interactive workshop setting to inspire an immediate response that patients can benefit from
- Provide a dental team with the business platform essential to provide oral systemic services and support the economy of practice.

**Support the
Third District
Dental Society
Continuing Education
Program**

Your local source for
excellent ADA CERP®
certified continuing education
programs and
professional networking

**Basic Life Support
and
Infection Control**

Held at the Third District office:
Dates and Info at www.third-district.org